

Rules Adopted For Rapid City Adult Coed Soccer

Player requirements:

1. Must possess a player card
2. Have Insurance recognized by WRAS
3. Be on a signed Roster recognized by the League
4. Males must be 30 years of age at time of registration of the Fall or Spring session
5. Females must be 18 years of age and/or out of High School at time of registration of the Fall and Spring session
6. Covered shin guards
7. No jewelry

Basic League Rules

1. Each team must field a minimum of 2 female players
2. Rosters will consist of 8 players until each team has met the team requirement
3. When teams are short they must first recruit from opposing team until both team are at full strength before recruiting from the gallery
4. **Players will not allowed to play with/for another team that they are not rostered on**
5. No play is allowed in goalkeeper area (players can play thru not in)
6. No goals can be scored from behind the half line
7. Ball to be played backwards at the spot of the foul call
8. Cannot use the walls and bleachers as support
9. All hand/arm balls are considered a foul and restart is backwards
10. Avoid shoulder charges, slide tackles and ankle kicking
11. Avoid shots on goal above the waist
It is not considered a hand ball when a player has to raise their hands to protect themselves from a high and/or hard shot
This is a foul on the kicking team and ball will go to opposing team with a backward restart.
12. **Player cannot kneel down to block shots on goal**
13. If a team is unable to field 2 females players that team must play a man down unless opposing team has a female to willing to change teams (example: 5 men vs. 6 men/women or in the small gym 4 men vs. 5 men/women) unless the opposing team is amenable to both teams playing full strength. This should be decided before you start

Small Gym Rules (5V5)

1. If the ball goes behind the goal (by either team) proper restart is a goal kick
2. Out of bounds will be defined as follows:
Running track and any area above
Net in the center of the gym and Basketball hoops

Large Gym Rules (6v6)

1. If the ball goes behind the goal (by either team) proper restart is a goal kick
2. If the ball goes behind the bleachers (by either team) proper restart is a goal kick
3. Scoreboard or basketball hoops are considered out of bounds
4. When the balls goes into the corner of the bleachers on both sides of the court or into the doorway, you must allow player to exit area
5. A ball that bounces off of the edge of the lowest bleacher is deemed still in play

All rules are designed to minimize unnecessary contact between players and increase the soccer experience

Captains Rights

- To call fouls
- To request player and/roster Information
- To ask a player to leave the court if a player becomes overly aggressive or during play,
* This request should be agreed upon by both Captains*
- To ask a player/players to leave the court if there is fighting
- To ask a player to leave court when a player does not adhere to the rules as they are stated above

If a player has repeated complaints against them will lose the privilege of playing in this league for the remainder of the season. This decision will be voted on by all team captains and the Advisory Board.

Signature indicates that the rules have been read and agreed to _____